



Let's Play

Summer Camp Activity List

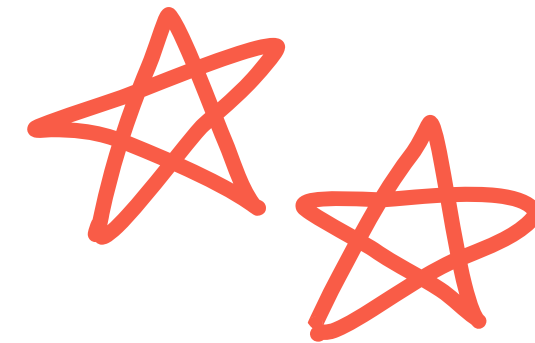
Indoor and Outdoor Activities



Round 1

Sports & Games

Sports and Games:



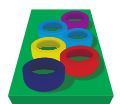
- Capture the Flag: Divide the kids into two teams and set up a field with designated territories for each team. The objective is to capture the other team's flag without being tagged.



- Kickball: Similar to baseball, but instead of hitting a ball with a bat, players kick a large rubber ball and run bases to score points.



- Freeze Tag: A variation of tag where tagged players must freeze in place until they are unfrozen by a teammate.



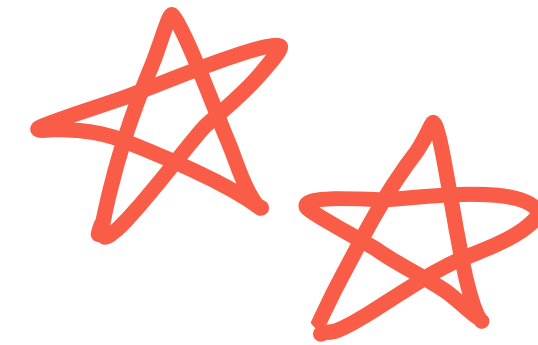
- Obstacle Course: Create an obstacle course using cones, ropes, and other materials to challenge the kids' agility and coordination.



- Water Balloon Toss: Pair kids up and have them toss water balloons back and forth, taking a step back after each successful catch until only one team remains dry.



Sports and Games:



- Tennis: Tennis professionals teach you the basics while playing a bunch of fun games.



- Soccer: Set up goals and play a game of soccer, with teams competing to score the most goals.



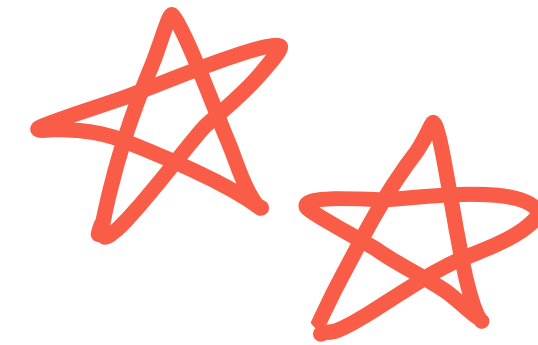
- Pickleball: Players learn from the pros. Learn how to hit, keep score, and play this amazing sport.



- Basketball: Individual and team games.



Sports and Games:



- Three-Legged Race: Pair up participants and tie one leg of each pair together, then have them race to a designated finish line.



- Sack Races: Provide large burlap sacks or pillowcases for kids to hop in as they race to the finish line.



- Hula Hoop Contest: See who can hula hoop the longest or perform the most tricks with a hula hoop.



- Tug of War (on land): Two teams compete in a tug of war, pulling on opposite ends of a rope until one team pulls the other across a designated line.



- Dodgeball: Divide participants and have at it! Make sure to move those feet

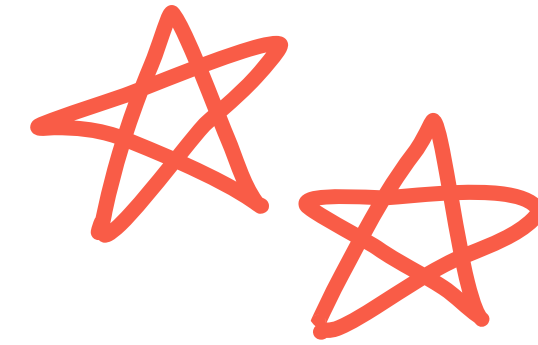




Round 2

Arts & Crafts

Arts & Crafts



- Friendship Bracelets: Teach kids how to make friendship bracelets using embroidery floss or beads.



- Sidewalk Chalk: Get creative by drawing your favorite design on the walkway. Once done show other campers and marvel in the design.



- Paper Plate Frisbees: Decorate paper plates with markers or stickers, then play frisbee games with them outdoors.



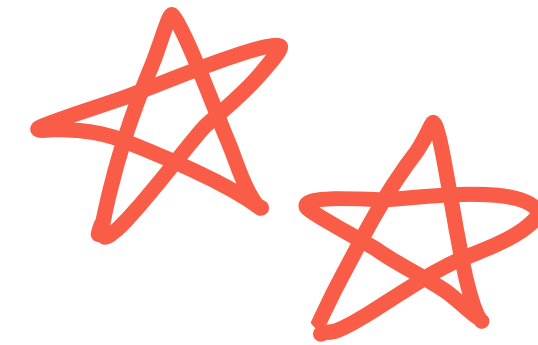
- Beaded Keychains: Provide beads and keychain rings for kids to create their own personalized keychains.



- Puppet Making: Use socks, paper bags, or felt to create puppets, then put on puppet shows with the finished creations.



Arts & Crafts



- Recycled Material Sculptures: Collect recycled materials such as cardboard tubes, egg cartons, and bottle caps, and use them to create sculptures.



- Sand Art: Fill bottles or jars with layers of colored sand to create beautiful sand art designs.



- Mask Making: Use paper plates, craft foam, or cardboard to create masks, then decorate them with paint, feathers, and other embellishments.



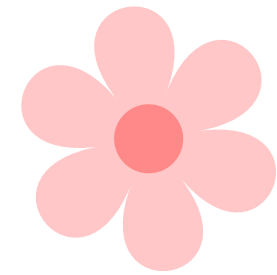
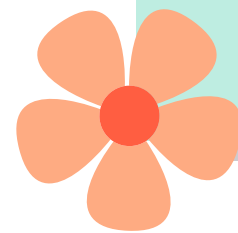
- DIY Dream Catchers: Use embroidery hoops, yarn, and feathers to create dream catchers that kids can hang in their rooms.



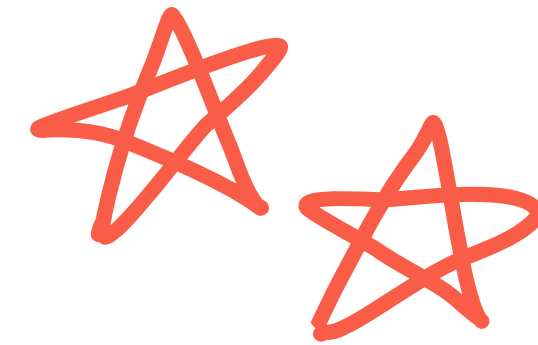


Round 3

Pool Games



Pool Games



- Marco Polo: A classic pool game where one player, with their eyes closed, tries to tag other players by calling out "Marco," while the others respond with "Polo" and try to avoid being tagged.



- Sharks and Minnows: One or two players (the "sharks") try to tag the other players (the "minnows") as they swim from one side of the pool to the other.



- Cannonball Contest: Participants take turns jumping into the pool and performing the biggest splash possible. Judges can rate each splash for creativity and size.



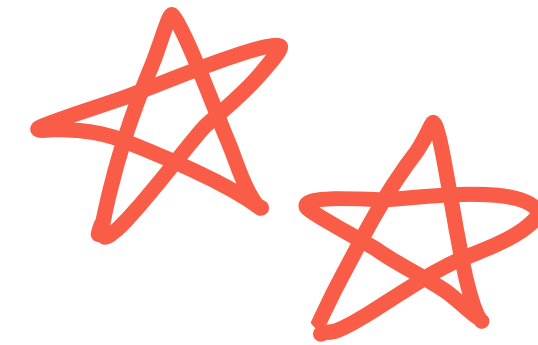
- Underwater Treasure Hunt: Scatter diving toys, coins, or other objects in the pool, and have the kids dive underwater to retrieve them.



- Relay Races: Set up relay races where participants swim with pool noodles or kickboards, passing them to teammates at the other end of the pool.



Pool Games



- Pool Limbo: Use a pool noodle or a rope as a limbo stick and challenge participants to limbo under it while in the pool.



- Dive and Retrieve: Participants take turns diving to the bottom of the pool to retrieve sinking objects, such as rings or dive sticks.



- Water Aerobics: Lead a session of water aerobics exercises tailored to kids, focusing on movements that are fun and engaging.



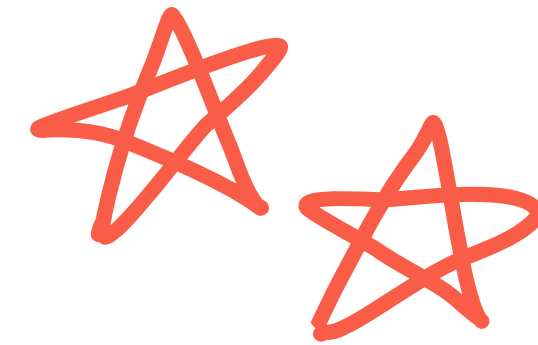
- Pool Tag with Floaties: Play a game of tag in the pool, with participants wearing floaties to help them stay afloat.



- Inflatable Raft Races: Participants race across the pool on inflatable rafts or tubes.



Pool Games



- Water Polo: Play a game of water polo, similar to the land-based sport but played in the pool.

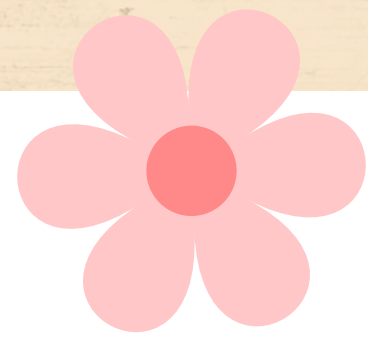
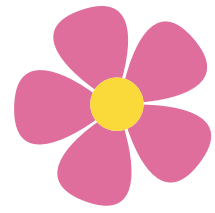


- Noodle Race (kids race while sitting on pool noodles): Participants sit on pool noodles and use their legs to paddle across the pool in a race.



- Beach Ball Races (pushing beach balls with noses): Participants push beach balls across the pool using only their noses.





**Thank you
for joining!**

See you at camp!

