

## CADENCE



# PICKLEBAL SCHEDULE



#### THURSDAY-SERVE & RETURN

3:00 - 5:00 PM

### **SUNDAYS-BEGINNER 101**

8:00 - 10:00 AM

#### Serve & Return

Already know the basics and ready to take your skills to the next level? This intermediate pickleball class is designed for players who are comfortable with the fundamentals and want to improve consistency, strategy, and shot selection.

- ✓ Sharpen your serve, return, and volley techniques
- ✓ Learn smart positioning and doubles strategies
- ✓ Develop better control and shot placement
- ✓ Build confidence for competitive or social play.

Perfect for players who have completed a beginner class or have prior playing experience!



Want to learn how to play the fastest-growing sport in the country? This intro to pickleball class is perfect for adults who are new to pickleball and want to learn the rules and fundamentals in a fun, supportive setting.

- ✓ Learn how to serve, score, and rally
- ✓ Understand the court layout & rules
- ✓ Build confidence before jumping into games.
- ✓ No experience needed!















